Sebastonol Community News

OCTOBER 2022, ISSUE 1



Hello Sebastopol!

How many community newsletters actually make it inside past the recycling bin? We've all done it, grabbed the local news with a bunch of soggy catalogues and chucked the whole lot on top of the empty milk cartons. BUT! What if your local newsletter was actually worth a read? What if it gave you a laugh, started a lively debate, or answered a burning question? It's doable, but it needs YOUR input.

Take a minute to have a flick through this first edition. See what you like, what you want to change, and what you'd like to see included in future copies. Give us feedback, tell as a juicy story, put your hand up for an interview, or come and join the team to write some great local content. Details are inside, get reading!

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Use this QR code to subscribe or submit!





WATCH THIS SPACE



A Spotlight on Sebastopol

Connecting Sebastopol, one of many local initiatives



Sebastopol's news, in print and digital media

Noticed all the amazing things happening in the Burra? The State's \$5M Spotlight on Sebastopol project's transformative works are bringing upgrades to the Yarrowee Trail, improved green spaces and continued tree planting, projects highlighting our rich history, upgraded urban streetscapes, public art, and a stack of exciting community initiatives.

This newsletter is part of the *Connecting Sebastopol* project, one of several Spotlight programs managed by the Ballarat Neighbourhood Centre in Tuppen Drive. *Connecting Sebastopol* aims to do as the title says; link members of our community to local news, services, businesses, events. But most importantly, to each other.

Both the newsletter and a new online community portal will broadcast all things Sebastopol. The digital hub will include a local business directory, a calendar of events, and a forum for community groups to highlight what they're up to. The overall objective is to promote the Burra and all it has to offer.

If you'd like to promote your business, club, or organisation in the directory, or you have something to share via the next edition of the newsletter, get in touch! Feedback on what you'd like to see included, or commentary on what's happening locally will shape this print. Your voice will keep these services local, relevant, and worth a read. We'd love to hear from you! Email Ballarat Neighbourhood Centre's Community Development Manager Donna Tucker at community@ballaratnc.org.au, or visit "Connecting Sebastopol" on Facebook to send a message.

Are you a Community Advocate?

Another of *Connecting Sebastopol's* initiatives is to form a Community Association. The initiative will gather a group of passionate local volunteers who in consultation with their community, will advocate for Sebastopol's ongoing success.

This is a proud neighbourhood with plenty of heart, having a strong community voice can influence the delivery of infrastructure and services in response to local needs. A group who can seek both funding and support to promote the area, create fun and lively community events, and advocate for the Burra will benefit everyone who lives here. The Sebastopol Community Association will ensure the neighbourhood's success beyond the lifespan of the Spotlight funding.

No qualifications or experience are needed. If you have opinions or ideas, want to see change, or just love your community, join the crew! Email community@ballaratnc.org.au for more information.

Sebastopol Business Network

It's important for businesses in local strip shopping centres to work with their neighbours, community and partners to create great local places, with a unique look, renowned customer service, and a strong connection with the local area. Currently, Sebastopol doesn't have a traders' group which can work together, pool resources and ideas, and implement strategies which grow business and Sebastopol.

The City of Ballarat is keen to hear from any traders or property owners who would be willing to get together, in an informal or formal environment on a regular basis with a view of forming a suburb specific business association.

Please contact Kizanne Davies, Business Engagement Officer on kizannedavies@ballarat.vic.gov.au or 0409 104 275.

Local Business Feature...



We speak with Leah, founder of Mia & Talbot

If you've visited Mia and Talbot, one of Albert St's newest arrivals, you will have felt its welcoming and aesthetically pleasing vibe. It makes sense when you meet the owner and founder, Leah Haynes. She's a bubbly Mum of 2 who has a self-confessed love of art and bright colours. Somehow, while wrangling her two busy kids, she's managed to transform a market stall selling candles into a stunning and diverse retail space.

How did Mia and Talbot come about?

"A conversation in 2012 between friends kicked off the idea to start a candle business as a hobby and attend the weekend markets. The idea was to make some play money to use on extra self-care, nights out etc. My friend moved away and I continued."

"When our first child was born I left my full-time job and decided to turn candles into a business to work around the family. Things have naturally progressed from there. I started by supporting my fellow market creatives by stocking their products in our hampers. I love to make people feel loved and appreciated with thoughtful gifts. I am passionate about supporting local business, and helping people flourish in life/business as much as I can."

How long have you been in Sebas, and what made you choose the location?

"We moved in at the start of February. We had been on the hunt for a shop front for a while, but the perfect position hadn't popped up yet. When our shop became available we researched the area and learned about the Spotlight On Sebastopol Project which will see a rejuvenation of the area. The new Coles with ample parking was also a draw card, as well as the position on the corner on a busy entrance into Ballarat."



....Hello Leah from Mia and Talbot!

How are you finding your new digs, are you feeling supported by the community?

"We are loving it! We were a little nervous (as everyone would be going into a new venture), but the Sebastopol community has been so supportive. We have met so many people from the area who are so lovely and are helping to spread the word that we are here. As I am writing this I have people walking past with their dogs giving me a wave through the window, there is a beautiful community of people here."

"Previously we had our retail and manufacturing happening in a custom-built workshop at home, so it is so nice to have a separate retail space to come to everyday and have customers visit. We get so many compliments on the shop, from the range of products to the cheerful mural that I painted on the rear wall. It's also been a great way to spread the word about what we do apart from candles. Supporting other local makers, custom-made gifts, local hamper deliveries. People have commented that they love being able to pop in and get a gift sorted right down to the wrapping and the card."



Are there other upgrades or inclusions you would like to see in the area?

"I am looking forward to seeing the rejuvenation of the area, improved parking, pavement and street frontages. I would love to see some more businesses move into the area, a cute little cafe, florist or clothes shop would be amazing.".

If you haven't been already, pop in and say hi to Leah at Mia & Talbot. It's a perfect option if you're looking for a bespoke gift or just want to give yourself a little treat!, They're open Tuesday to Friday from 10am to 5:30pm, and Saturdays from 10am until 2pm.

0438 302 540

info@miaandtalbot.com.au

https://miaandtalbot.com.au/

206 Albert Street, Sebastopol

What's on at your local House - Ballarat Neighbourhood Centre.....

NOW

Chatty Cafe

Every 2nd Thurs, 10:30am Ballarat Neighbourhood Centre

During the school term, drop into our warm and cozy centre for a social cuppa and a chat. Bring the kids, bring a craft, come with a friend, or come and make a new one. We'll supply the coffee and a sweet snack.



OCT

19

Carer's Morning Tea

Wednesday, 10:30, Ballarat Neighbourhood Centre

Connect with people sharing the Carer experience over a yummy morning tea. A social catch up or an opportunity to access local support services, whatever works for you. Bookings are welcomed, please see details below.



NOW

Looking for work?

Call to make an appointment - Ballarat Neighbourhood Centre

Our friendly Work and Learning Centre staff will work with you to find out what you want to do, and help you to get there. The service is free, and you're in the driver's seat.



NOW

Cheap eats

Most Fridays, 12pm - 1pm Ballarat Neighbourhood Centre

Come an join us for a \$10, two-course, sit-down meal during school term. Bring a friend, or come and make some new ones. Do wear your comfy pants, we serve a hearty portion!



NOW

Need a document witnessed?

Mon, Wed, Fri - Ballarat Neighbourhood Centre

A Justice of the Peace can witness documents used for official/legal purposes. Our friendly JP is available to help, walk ins are welcome, or call Wayne on 0422 833 262





Contact Ballarat Neighbourhood Centre to book!



03 5329 3273



reception@ballaratnc.org.au



www.ballaratnc.org.au/



11 Tuppen Drv, SEBASTOPOL

...and around town

NOW

Ballarat Farmers Market

The first Saturday of every month - Bridge Mall Ballarat

Fresh produce, hot food, and locally produced goods. No charge to enter and two hours of free parking close by



OCT

Ballarat Oodles Playdate

Saturday - Sebastopol Dog Park, Grant St

All doggos and owners are welcome here, but this event is for the non-shedders! Grab a coffee and bring your poodlecross along to make some new furever friends



NOW

Yarrowee River Trail

All year round (especially good in Spring)

The weather is changing and it's time to get out for some fresh air! The local leg of the Yarrowee River Trail is a fresh and green 4.8km walk from the Bridge St access point



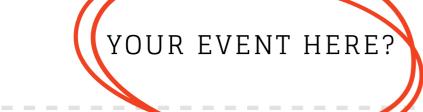
OCT 9

Free Community Event

Sunday, 10am, Lake Esmond, Ballarat

Ballarat Mental Health Collective presents the Circle of Solidarity family fun day. Free BBQ, stalls, live music, and activities for all ages. Carparking is available at Canadian Lead School



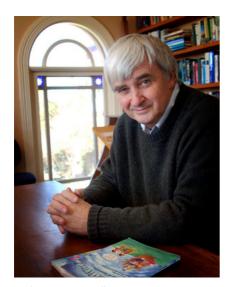




Got something to share?

Do you have an event or service you'd like to advertise in the next edition? Maybe you have an idea for a community event but you're unsure where to begin? Community announcements are free to advertise. Email: community@ballaratnc.org.au

Historically Speaking



Author, Doug Bradbury.
Photo credit:: Seriously History

About the Author

The News Team were thrilled to receive this submission from Mr Doug Bradby. A local icon, Doug taught history for 30 years in Ballarat Secondary Schools, worked for more than a decade at Sovereign Hill's Gold Museum, and has had an inter-generational connection with Ballarat's mining history. Doug is a renowned author, an engaging and witty public speaker, and can tell a cracking yarn about the trials and tribulations of those seeking gold and their fortunes on our local soil.

Unfortunately, Doug was born 'across the Rubicon' in Redan, so might not be considered a true Burra local, but we will forgive this misdemeanor. He's currently working on his next publication, 'Ten Delightful Tales' which celebrates life in Sebastopol, which, as Doug says, 'includes Ballarat.'

We hope to hear more from Doug in future editions of the newsletter

Is Ballarat actually a suburb of Sebastopol? Written by Doug Bradby.

The British settlement of this part of the world began in 1838 when the Yuille brothers set up their station at the end of what we now call Bala St., overlooking the valley of the Yarrowee. They named their station, not Sebastopol, but 'Ballaarat'. This is clearly 'across the Rubicon.' Today, it is indeed, Sebastopol.

Consequently, the main road in Ballaarat in the 1840's was not Main road or even Melbourne road, it was the Government road we know as Albert St. Sebastopol. It led from Geelong to Buninyong and on to Yuilles' station at 'Ballaarat.'

Thirteen years later gold was discovered at Poverty Point, and for the first five years all mining was in Ballaarat East. However much to the surprise of both miners and government officials, the buried rivers of gold, the leads, flowed west under the lava flow that is Ballarat Central, Redan and Sebastopol.

Ballaarat East had been mined on basically a hit and miss system of small claims, 'a gambling system of fifty duffers to ten golden ones.' If this was applied to mining up on the basalt plateau where it would take up to a year to sink a shaft, the miners, would all go broke.

There was a 'solution' to this problem. It was called the frontage system and as the Sebastopol miners proudly told Governor Barkly in 1858, it was first applied on the Frenchmans Lead, in Sebastopol.



"Shift Going Down A Sebastopol Mine 1887". Photo credit: Ballarat Historical Society

Historically Speaking

Is Ballarat actually a suburb of Sebastopol? Doug Bradby. Continued..

When Prince Alfred, visited in 1867, he was taken to the two greatest alluvial mines in Ballaarat, one being the Prince of Wales mine in Sebastopol. In fact, of the twenty largest alluvial mines in Ballaarat, nine were in Sebastopol.

However, once the deep leads of Sebastopol and Ballaarat West were exhausted in the early 1870's, Ballaarat faced another crisis. This time Ballaarat was saved by quartz mining in the 1880's and the two biggest quartz mines, the Star of the East and the South Star, were both in Sebastopol.

When the Duke of York, the future King George V, visited in 1901 (see picture below) he was taken to the second largest quartz mine in Ballaarat - the South Star.

The importance of Sebastopol to Ballarat's development as a prosperous city is clear. This contribution needs to be more widely understood and celebrated both in Sebastopol and in Ballarat.



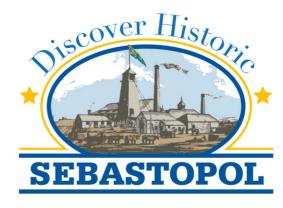
"Duke of York Celebrations Ballaarat. The Duke at the South Star Mines". Photo credit: Ballarat Historical Society

Enjoyed reading Doug's submission? Check out his every-growing body of work: www.seriouslyhistory.com.au

Announcing the Discover Historic Sebastopol Project

An exciting new history project 'Discover Historic Sebastopol' is being supported through the Spotlight on Sebastopol program which is funded by Regional Development Victoria.

The project is a collaboration between the Ballarat Neighbourhood Centre, the Sebastopol Historical Society and other community partners which will develop a high-quality 24-page brochure, sharing local historic sites with the Sebastopol community to enhance people's awareness of the historic heritage of Sebastopol. We have developed a project logo which will be featured on both the brochure and on interpretive signs at key historic sites that will also be installed by the project.



If you would like to share information or photographs about the history of Sebastopol please contact Project Coordinator Kate Owen by email at communication@ballaratnc.org.au or contact the Sebastopol Historical Society President Bruce Harris on 0408 054 021.

Artscape

Public Art - Where and What?

Ballarat is famous for its historic statues, monuments, and memorials, and is home to a number of iconic sculptures which are local landmarks. It also has some truly amazing graffiti (both commissioned and freelance) which may challenge the perception of public art.

Public art is not just for the community to enjoy, interact with, or react to; it should ideally be created with the input of the people who live in the area. It should also be an opportunity to express diversity, inclusivity, and a range of style. Sebastopol has some fantastic green spaces and community facilities, as well as a thriving commercial hub. Have you ever considered how these spaces could be enhanced with public art? Keep an eye out over the coming months for some exciting new art works in your local community.

WATCH THIS SPACE









Not everyone shares the same idea of public art, but all ideas are welcomed. Photo credit: Creative Ballarat

A new permanent home for a travelling gallery

You might remember seeing the City of Ballarat's 'ContainArt' mobile exhibition spaces when they were making their way around town. These modified shipping containers housed works from various different artists and spent stints in a range of locations across the region.

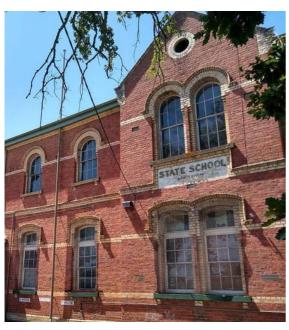
Recently, the City generously donated one of the containers to the Ballarat Neighbourhood Centre where it is in the process of being embedded into its permanent resting spot in Tuppen Drive. Once fully functional, the space will again become a gallery in which local artists can exhibit, as well as a working studio where new projects and arts programs can come to life. In fact, the container itself will be a canvas for public art.

Artscape

Sebastopol's artistic hub

Have you visited the Sebastopol Community Centre? Housed in the iconic redbrick building which was once the local State School, this thriving community base is home to a number of diverse and active groups and organisations.

If you're a creative type, this inspirational space is a must see. Some established local artists are creating their own works here, and it houses structured classes and casual gatherings for people of all abilities



Previously Sebastopol State School which opened in 1875

Talent on tap

Accomplished artist Rosalind Lawson runs a painting class from the centre on Fridays. Rosalind has exhibited internationally and has been extensively awarded, having access to such a renowned talent in our neck of the woods is an exciting prospect.

Effie Williams also has a studio space in the building. She creates original, hand-painted, wearable art and will even create bespoke designs upon request. Her work is vibrant, lively, and guaranteed to have you stand out.



The drawing studio is an inspirational space.

Sebastopol Life Drawing

Originating decades ago as a social group of creatives meeting to inspire each other, this space has housed its fair share of life models and artists. The room is beautiful. Its old wooden floors, worn walls, and wonderful windows wrap around an eclectic gathering of easels, donkeys, and chairs. It's the kind of space which ignites the creative spark.

There is undeniable talent in this group, the drawings regularly shared on social media are incredible; but this is a welcoming environment for people at all levels. The setting is informal, there is no tutor, but rather a supportive sharing of knowledge between people with a common interest.

Whether you're a master, someone who hasn't drawn for a while and is a bit rusty, or a newbie wanting to learn, reach out! The group offer several sessions throughout the week. Details can be found on the Sebastopol Life Drawing Facebook page, or by contacting Sylvia on 0477806918

TRAMWAY CELEBRATION DAY

- A FESTIVAL OF VINTAGE TRANSPORT

The 50+1 | The New Museum | The New Track

SUNDAY 2nd OCTOBER 10am-6.30pm

South Gardens Reserve, Lake Wendouree, Ballarat



...WITH TRAM, MINIATURE TRAIN, STEAM TRACTOR AND PADDLE STEAMER RIDES, DISPLAYS OF VINTAGE CARS, TRUCKS AND BUSES, MODEL RAILWAYS AND A WHOLE LOT MORE!

FREE ENTRY Gold coin donation for rides

For more information: www.btm.org.au

















Go Volunteering?

Get your hands grubby for a cause

If you've been past the Ballarat Neighbourhood Centre recently, you will have seen big things happening in Our Garden. This happy little patch grows fresh fruit, herbs, and vegetables for Our Kitchen Social Enterprise.

The kitchen runs programs for job seekers who want hands-on hospitality experience, and the food they make is donated to local food access programs, or eaten at community lunches. It's a fantastic process which has a big impact on a lot of people.

None of these programs could run without a group of truly amazing volunteers. If you'd like to take part, email volunteer@ballaratnc.org.au or call 0353 293273

Harvesting a bumper crop, which is made into a community feast.



Not sure where to start?

Ballarat Foundation's Volunteering Ballarat can provide you with solid insight into the opportunities for you to get involved. They support a huge number of organisations and programs which rely on the dedication of their volunteers. You don't need any specific skills, and you're sure to find something you'd enjoy.



It's a wonderful way to make friends while making a much needed contribution. Check them out at their website https://ballaratfoundation.org/community-impact/volunteer/

WATCH THIS SPACE

I told my friend she wears the wrong clothes gardening.

She's digging in her heels.

Something



Two of the Sebastopol and District Lions Club's newest members joining the ranks.

Sebas Lions, stronger than ever

The Lions are a vital organisation which provides fundraising for a huge array of projects including medical research, disaster support, individual assistance, and local charities. They also help to run community and sporting events, and you've probably eaten a snag in bread at one of their famous sausage sizzles.

If you're keen to join the club, message the Sebastopol and District Lions Club Facebook page or visit their website. http://sebastopol.vic.lions.org.au/

To the Library!

We are spoiled for choice when it comes to fantastic libraries in Ballarat. Our local Sebastopol Library offers a welcoming and inclusive space to pursue your own interests, or join a planned session or group. Check out some of the options on offer in Ballarat's libraries this Spring:

Reading Party - The Grand Ballarat, 203 Dana Street, Ballarat Central We have something special for our readers with this month's reading party being held at the historic The Grand Ballarat. The venue is steeped in history and charm and provides the perfect surrounds as you indulge in some reading time with like-minded souls. Bookings: events.humanitix.com/tours/ballarat-libraries	OCT 12 5-8 pm
In Conversation with Chris Hammer - Ballaraat Mechanics' Institute, Humffray Room Join bestselling crime writer Chris Hammer in conversation with the 2022 Indie Book Award winner for debut fiction Lyn Yeowart. Hammer, the multi-award-winning author of 'Scrublands' will be discussing his highly anticipated novel 'The Tilt'. A must attend event for lovers of gripping, homegrown Australian crime writing. Yeowart's debut novel and Hammer's latest work explore protagonists returning home and delve into gritty stories set in the heart of small-town Australia. There will be a 15-minute Q&A at the end of the session, books available for purchase and signing. Bookings: events.humanitix.com/tours/ballarat-libraries	OCT 18 11AM
In Conversation with Justin Smith - Sebastopol Library Melbourne writer, journalist and broadcaster, Justin Smith, discusses his latest novel 'Cooper Not Out', with local author Wayne Marshall. A heart-warming novel set within real events, 'Cooper Not Out', is a moving tale about friendship, belief and the joy of discovering your greatest potential. For cricket fans and readers alike, don't miss this opportunity to 'meet the author' and hear about Justin's writing process behind this inspiring story. Books are available for purchase and signing. Bookings: events.humanitix.com/tours/ballarat-libraries	NOV 10 6:30 pm
Reading Party in the Park - Sebastopol Library Come along to our last reading party of the year and join us for a relaxing picnic in the outdoor space at Sebastopol Library. Celebrate the spring season in our lovely green space and enjoy some well-deserved uninterrupted reading time! Bookings: events.humanitix.com/tours/ballarat-libraries	NOV 24 6pm



Sebastopol Library, photo credit City of Ballarat



Ballarat Library, photo credit City of Ballarat

BALLARAT LIBRARY

- 03 5338 6850
- 178 Doveton St Nth, BALLARAT

SEBASTOPOL LIBRARY

- 03 5335 7985
- 181 Albert St, SEBASTOPOL

BRIGHTEN UP BALLARAT

WEDNESDAY 12TH OCTOBER

IT'S YOUR
DAY...
COLOUR IT
HOWEVER
YOU WANT

Join the Ballarat Mental Health Collective in promoting positive mental health.

Wear bright colours or engage in a small act of kindness.



Tag us on your socials! #BrightenUpBallarat





Schools Report

St James' Primary School

School provides St lames' Primary opportunities in a professionally designed learning environment. Educators use research-informed techniques to apply the Victorian Curriculum with purposeful intent. Construction of the new Visual and Performing Arts buildings is underway, including an extension to the early learning spaces providing a balance between a 'play' based curriculum and formal academia. All students access extra curricula excursions and camps with senior students participating in numerous sporting events and enhancement such as robotics and coding. Families may also access extra private tuition in performing arts at school.



St James' is not a place that numbs the mind or is dominated by concrete. The extensive 'green space' provides a sensory, emotional, and conscious connection to the land, air, and sky. A world where mud invites us to slide, where students can run and climb surrounded by trees and where they learn the perseverance, determination, and resilience needed in the complex world of today.





St James' Parish School 260 Albert street, Sebastopol. Guided tours available by appointment, please call 03 5335 8750. www.sjsebastopol.catholic.edu.au

Technology brings access to information that otherwise would not exist but when it turns into entertainment or becomes a substitute for experiencing reality then the adults have made a significant error in judgement. Technology at St James' is used sparingly as overuse can have dire consequences



Success and flourishing at St James' begins with belonging and relationships. Children learn to work hard with subject specific knowledge and skills for deep understanding, proficiency and application. With learning and improvement as the goal, there is no need for motivational stickers, ribbons or Student of the Week. Achievement comes from effort, and though failure can be disappointing, it can be survived. At St James' children hear the adults in their lives shout out the same message; "The harder I practice, the better I'll be."



Our professional staff have spent many years of ongoing study and dedication applying the Sciences of Learning, neuroscience, cognitive psychology and sociology to education. The school has built partnerships with Deakin and Melbourne Universities and is both nationally and internationally recognised with visitors from as far away as the UK, New Zealand, and Sweden.

Schools Report

Magpie Primary School

Magpie Gully PS No 415 was established in 1857 and re-named as Magpie PS No 2271 in 1892. The historic red brick building was completed in May 1880 and from 1986 classrooms were entirely comprised of relocatable buildings. In May 2011, the school was almost completely refurbished with new classrooms, new toilets and the completion of the upgrade to the 131-year-old administration building. This time marks a renewal of the school, with a significant opportunity for the broader Magpie community to be served by a modern school; catering for the latest innovations in pedagogical approaches which foster independent student learning. This open design will allow all children to become intrinsically aware of how they will become lifelong learners in the 21st Century. The structure and design of the expansive grounds are enhanced by the outdoor learning options using a variety of courtyards and specialised environments.





Magpie Primary School 61 Docwra St, Magpie. 03 5335 8851 magpie.ps@education.vic.gov.au



Magpie Primary School aims to provide a nurturing and challenging environment, which promotes an enthusiasm for learning and prepares individuals to become reflective and valued members of society. The school and community possess a rich and proud history, yet still today offer a diverse and 21st century curriculum and learning environment.

The key focus of the school is on literacy and numeracy but the school also offers the following specialist subjects on a weekly basis: PE/Health, Arts, Drama, LOTE (Auslan), ICT, Science, Indigenous Studies and SOSE. The use of technology in our classrooms is used to enhance students learning.



Promote your business or service in the next edition of this community newsletter, and reach the people who live in your area!

Your sponsorship will ensure the sustainability of the publication, it's a win win situation! email community@ballaratnc.org.au for more information

STAY SAFE ON OUR ROADS

New, easy access, VicRoads approved webinars are now available online and at a Neighbourhood House near you.

Research shows that road accidents increase from the age of 75. Community members, families and carers can now access a free 45-minute online 'Safe Driver' course to understand "driving health" for older drivers – accessible online, by visiting chanh.org.au/roadsafety, or by booking a public access computer at Ballarat Neighbourhood Centre.

By watching the four short modules, you will learn ways to reduce accidents and the severity of potential injuries. The VicRoads 'Safe Driver' course addresses the implications of age and health-related complications when driving. It also discusses ways to manage these complications to support older people to continue driving safely. From 2019 to 2020, the medical review board made 88,400 "Fitness to Drive" decisions, with 92% of these people being able to continue to drive. Find out how older people can maintain their "driving health". If driving is no longer an option, this course will introduce some of the support services available to assist older drivers with future travel plans. The course is available through the Central Highlands Association of Neighbourhood Houses, and has been created in partnership with VicRoads Community Road Safety Grants.

To book a computer or device at Ballarat Neighbourhood Centre, call 0353 293273

Staying fit and healthy and can keep you driving longer.

Find out how to keep older drivers safe.

SAFE DRIVER

Free Community Road Safety Webinar



Not online? Contact your local neighbourhood house to book a community computer or device.











Pets Page

Off-leash for Burra pups

Taking your doggo for a walk is one of the nicest ways to keep active and enjoy some of the amazing trails we have to offer in Sebastopol. We're also lucky enough to have an off-leash area, where friendly puppers can socialise and run off all the extra energy they might otherwise put into chewing your favourite shoes. Check out the Sebastopol Dog Park Facebook page, it's a lively community of pet owners and pics of their furry pals. The park is located at 182 Grant St, Sebastopol. It's a great place to meet with new friends and take in the view, just like Luna below!



Luna, the good girl, waiting for the pack. Photo credit: Luna's mum, Jess McClure



Meet a local

Name: Gracie Species: Doggo

Breed: Golden Retriever

Bio: This senior girl enjoys being a 35kg lapdog, ear and belly scratches, and waiting for you to drop some of your sandwich. Note: she does NOT retrieve.

Show us your pets

Got the cutest pup or kitty around? Have a weird and wonderful pet? Send your submissions including a pic, your details, and your pet's info to: community@ballaratnc.org.au

They could feature like Gracie, and Luna (who is ready to launch her career as a dogfluencer!).

WATCH THIS SPACE



Kids' Stuff

Κ QΥ Т S Q R J Ι 0 U 0 Т 0 М G W Х D Z Ι F S J Ε Ε G Х К А J S В V W U Ι Υ S J G × G Ι Ι Q Т F Z J В Z S Ι R S Α 0 \subset R Z Q Ε M J Ι SEHZ В S YAK

Word Search

Can you find all of the nine local street names listed below?

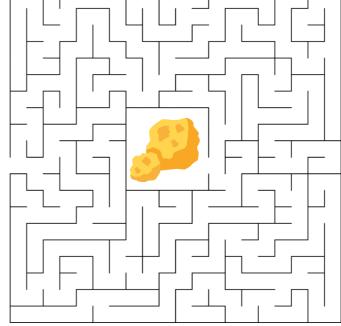
- Albert
- Hertford
- Vickers
- Birdwood
- Spencer
- Victoria
- Grant
- Tuppen
- Yarrowee



Dig for Gold

Help the miner strike it rich! Find your way to the center of the maze.





Dad Jokes

There are four corny jokes hidden throughout this newsletter. Can you find them all? Hint: Look for the circles and tick as you go!

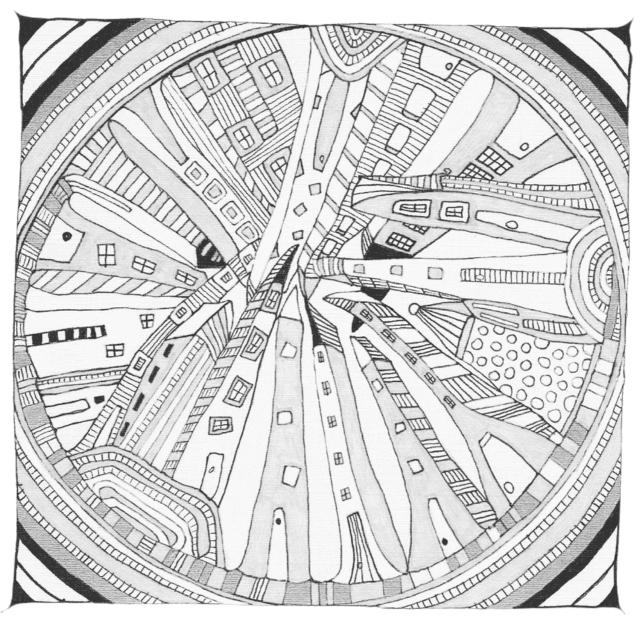
Now share the jokes and make someone giggle:)

Kids' Stuff

Colouring

Decorate the picture below in your favourite colours.

We'd love to see your work! Take a picture of your art and share it to our Facebook Page - Connecting Sebastopol, or email it to community@ballaratnc.org.au



This wonderful image kindly donated by local Artist Pauline O'Shannessy-Dowling



We can help you to get online, safely and confidently.

Contact Ballarat Neighbourhood Centre to access FREE training and support for over 50's, including:

- USING YOUR PHONE OR TABLET
- TALKING TO & SEEING FAMILY
- FINDING NEW OR OLD FRIENDS
- AVOIDING SCAMS
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Sports Corner

Do you even Derby?

Ever considered playing a full-contact team sport... on roller skates? Ballarat Roller Derby League was founded in 2008, and began training in an undercover car park in the evenings after commuters had left. Thirteen years on, they train at Doug Dean stadium in neighbouring Delacombe several times a week and compete in tournaments across the country. They've been champions three years running in the Statewide Stampede tournament series and have competed against the best teams in the world at Adelaide's Great Southern Slam.



Winners! Photo credit: Alrighty Production **C**ouse

BRDL welcome adults skaters of all ages, gender, and experience levels. If you're interested in learning a new skill, this is an inclusive sport with either mixed or single-gender teams. All equipment is provided, and the only prerequisite is your enthusiasm!

If you'd rather re-live the roller rink era, you should check out Roller Skate Fit Club, it's an easy-going opportunity to hone your skating skills and get great exercise in a fun, non-competitive environment.

Beginners courses for both Roller Derby and Skate Fit run throughout the year – find them on Facebook or email ballaratrollerderby@gmail.com



Is your club looking for new members? Do you have some star players you'd like to recognise? Do you want to raise your local profile to gain sponsorship or funding?



We are seeking submissions from local sporting clubs and organisations who have news to share. Whether it's a one-off piece to promote your team/club/league/sport, or a regular contribution throughout your season, this forum provides a free platform for community organisations to get their stories out there! Email community@ballaratnc.org.au

WATCH THIS SPACE



Sports Corner



Real fans don't care how sore their throats get! Photo credit: Nenes Pics

So Close!

After an absolutely cracking win in the prelim, the excitement was off the charts in the Burra camp. It pains us all to say this year was not ours after a loss to Melton in a low-scoring grand final. The weather was rotten, hearts were heavy, but pride remained as strong as ever. Next year = OURS!

Reckon you could do a better commentary on next season? So do we! Get in touch if you'd like a regular spot covering our beloved local clubs. Email community@ballaratnc.org.au or submit your deatils via the QR code below.

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Up the Burra! Photo credit: Nenes Pics