

SEPTEMBER 2026 - ISSUE 15



Artwork mural painted by local Indigenous artists at the Sebastopol Men's Shed. Above image captured by Will Lay.

## Indigenous Artwork on Display at the Sebastopol Men's Shed

When you first visit the Sebastopol Men's Shed, you are greeted by three striking large scale Indigenous artwork murals. The mural above (2.5m x 1.8m), represents men around the Sebastopol area trekking their way to the Shed as a central meeting place.

Aboriginal dot paintings are instantly recognizable with their fields of colourful dots forming patterns and symbols. The famous "dot painting" style is a relatively modern development in Indigenous art. While Aboriginal peoples have been creating art for tens of thousands of years – from rock engravings to body painting and sand drawing – the specific practice of painting canvas or board with acrylic dots began in the early 1970s in the Central Desert region. At first glance, an Aboriginal dot painting might appear as an abstract pattern, but for Indigenous people, these paintings are profoundly representational, just not in the Western figurative sense. Instead of depicting a landscape from a single viewpoint or a literal scene, Aboriginal dot paintings use symbolic icons and an aerial perspective to narrate a story, often one from the Dreamtime.

Common elements in dot paintings include: concentric circles, which usually represent important places like waterholes or camp sites; parallel lines or meandering lines, which can indicate travel paths, water flows, or shields; and tracks or footprints, like those of kangaroo, emu, or human, which show the presence and movement of ancestral beings. These symbols are arranged across the canvas to map out events of a story or the features of a particular tract of land. The dotting itself may fill the background or outline shapes, and it can signify things like rain, sparks, stars, or just serve to obscure and "keep secret things hidden in the paintings".

The Shed community is grateful to past Government funding through Envision, hosting a Work for the Dole project with local indigenous artists, and they have created major pieces of history that are highly respected and will be preserved over time. *Continued on page 3.*



## Acknowledgement of Country



*We acknowledge the Traditional Custodians of the land we live and work on, the Wadawurrung People, and recognise their continuing connection to the land and waterways. We pay our respects to their Elders past, present, and emerging and extend this to all Aboriginal and Torres Strait Islander Peoples.*

### About the Newsletter

Connecting Sebastopol Community News is a project of the Ballarat Neighbourhood Centre. This publication is compiled, edited and designed by volunteers, community contributors and Ballarat Neighbourhood Centre staff.

### Ballarat Neighbourhood Centre

Ballarat Neighbourhood Centre is committed to creating opportunities for people to connect, learn and participate in their community. We offer adult education, one-on-one coaching for people looking for work, community activities, a community garden, volunteer opportunities and much more! [www.ballaratnc.org.au](http://www.ballaratnc.org.au)  
[reception@ballaratnc.org.au](mailto:reception@ballaratnc.org.au)  
(03) 5329 3273  
11 Tuppen Drive, Sebastopol



### Upcoming Issues

This newsletter is published quarterly in March, June, September and December. The deadline for article submissions and ads for the December 2026 Issue is **13 November 2026** to [community@ballaratnc.org.au](mailto:community@ballaratnc.org.au) or in hard copy to Ballarat Neighbourhood Centre, 11 Tuppen Drive, Sebastopol.

### Inside this Issue

- Community Meet-up
- Historically Speaking
- Recipes for Inclusion
- Community Services
- Community Wellbeing
- Community Clubs & Gardens
- Pets & What's On

Scan QR code to visit the Connecting Sebastopol website, newsletter issues and subscribe to the e-newsletter.



### Advertise with us

Printing of this newsletter relies on advertising revenue and donations. Promote your business and support this valuable community initiative.

Advertising rates per edition are:

- \$500 + GST: Half page
- \$250 + GST: Banner or quarter page
- \$150+ GST: Advertorial + Ad\*
- \$50 + GST: Business Card

\*Advertorial available for community groups & small businesses only

Contact us at: (03) 5329 3273

[community@ballaratnc.org.au](mailto:community@ballaratnc.org.au)



Ballarat Neighbourhood Centre is strictly committed to ensuring the safety, wellbeing, and protection of all children and young people. We maintain a zero-tolerance policy for child abuse and harm.

## NEWSLETTER DISTRIBUTION

We are very grateful for the growing number of volunteers helping to deliver this newsletter.

Thanks to these dedicated volunteers, over 4500 copies of each issue are distributed around the Burra.

### Volunteer With Us

**We are seeking volunteers to help us expand delivery to the whole of Sebastopol. Delivery takes about one hour per volunteer, four times a year.**

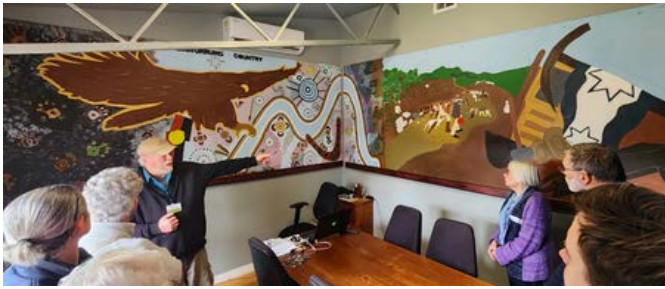
**If you are interested, please get in touch:**

**5329 3273 / [community@ballaratnc.org.au](mailto:community@ballaratnc.org.au)**

**If your home is not yet covered by a delivery volunteer, you can drop into the following Sebastopol organisations to pick up a copy of the newsletter:**

Ballarat Neighbourhood Centre  
Open Door Op Shop  
Sebastopol Library  
Sebastopol Mens Shed  
Salvos Sebastopol  
Carmel Welsh Church & Op Shop  
Coles Sebastopol

## Connecting Sebastopol



Images by Will Lay

### Sebastopol Men's Shed continued

The third mural at the Men's Shed (above) depicts Aboriginal Dreamtime in a Ballarat setting: the evolution of time in this area, a space era, moving into earliest development of the earth, showing a transition to the earliest populations of Indigenous peoples, through a giant wedge-tailed eagle (Bunjil).

Birds hold profound symbolic significance in Aboriginal cultures, representing spirituality, connection to the land, and ecological balance, like carriers of messages from the spirit world, symbolizing the connection between the earthly realm and the ethereal. The images then move into the period of white settlement, culminating in the gold rush period. The mural remains a fascinating representation of life over millions of years around Ballarat on Wadawurrung Country.

Next time you are in the Vickers Street, Sebastopol area, why don't you pop into the Men's Shed and ask to see these murals? You won't regret it.  
Any week day from 9 am to 2 pm.

The Sebastopol Men's Shed markets resume in September, so watch our Facebook page.

**Article contributor: Dr Geoff Haw**  
**Sebastopol Men's Shed Secretary**

### NEXT COMMUNITY MEET-UP

**Friday 9 October, 10:30am – 12pm**  
**Vickers Street Community Hub,**  
**225 Vickers Street, Sebastopol**

*Join us for a cuppa and chat*  
RSVP to: 5329 3273  
[community@ballaratnc.org.au](mailto:community@ballaratnc.org.au)



### Connecting Sebastopol Meetup

The Sebastopol Men's Shed warmly welcomed Connecting Sebastopol members for their August Community Meetup.

The gathering brought together a passionate group of local residents, community groups and service providers seeking community connection and ways to work together to wrap their support around projects that matter to them. Attendees provided updates about the important volunteer or community service work they are doing in Sebastopol, followed by a tour of the Men's Shed and a freshly baked Devonshire tea catered by the Shed chefs.

City of Ballarat Councillor for Sebastopol Ward, Cr Des Hudson was in attendance, sharing his stories about his personal connection to the Borough, growing up in Sebastopol, living in Orion Street, attending St James Parish School and then Phoenix College. At 20 years of age, he became the president of the Vikings Soccer Club, followed by a long career with the Victorian Police and joining the Ballarat City Council.

Cr Hudson celebrated Sebastopol being the recipient of \$50 to \$60 million in private and public funding to strengthen the development of the vibrant community we live, learn and work in.

Cr Hudson let everyone know that the Ballarat Australia Day Community Awards nominations are now open and urged everyone to consider nominating people they know who deserve recognition in Sebastopol. Nominations can be made for Ballarat Citizen of the Year, Young Citizen of the Year, and Community Event of the Year.

Visit [www.ballarat.vic.gov.au/ballaratawards](http://www.ballarat.vic.gov.au/ballaratawards)

# Saint James' Parish School Celebrates 70 Years

The Sebastopol Historical Society was very pleased to be asked to help St James' Parish School prepare their archival material for presentation at the celebrations for the school's 70th anniversary.

In the 1900s, about a quarter of Sebastopol's population were Catholics. In the first half of the century, local children were attending Aloysius Parish School, Redan, or St Patrick's Parish School in Drummond Street South.

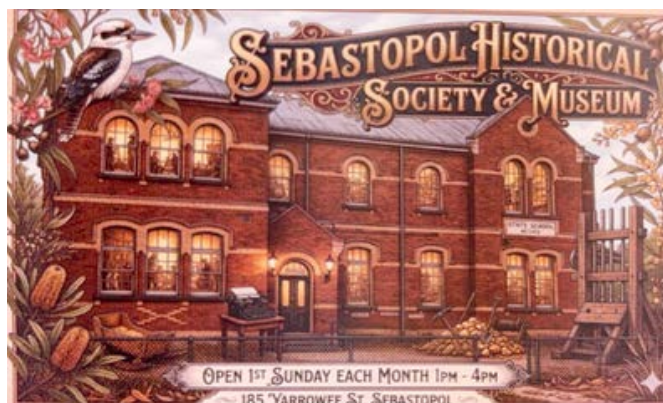
The post-war years saw an increase in immigration, particularly Dutch and Polish migrants coming from war-torn Europe. St James Parish School was built, blessed, and opened in 1956.

The first teachers were the Sisters of Mercy, Ballarat East. In 1963, the Parish of St James, Sebastopol, was established, and in 1968, the St James church was opened and blessed.

Before the school and church were built, the area was mining land and close to the location of the former horse-drawn tram depot. In April 1888, the Ballarat Tramway Company opened the horse-drawn tram service from Sturt Street, which initially terminated at the municipal boundary at Rubicon Street.

In March 1893, it was extended to the Sebastopol Town Hall with the ultimate terminus outside the Royal Mail Hotel. A horse-drawn tram depot and horse stable were constructed on Albert Street, close to the site of the St James Parish.

**Article Contributor: Sue Parker,  
Sebastopol Historical Society**



## Sebastopol Historical Society

A visit to the Sebastopol Historical Society's museum is a great thing to do during the cooler weather.

Come and see us on the first Sunday of each month and discover the history of the Borough. We are also happy to host groups of visitors by appointment.

### Sebastopol Historical Society Museum

Former State School Building  
185 Yarrowee Street, Sebastopol

### Open Days 1-4pm

First Sunday of month (except January)

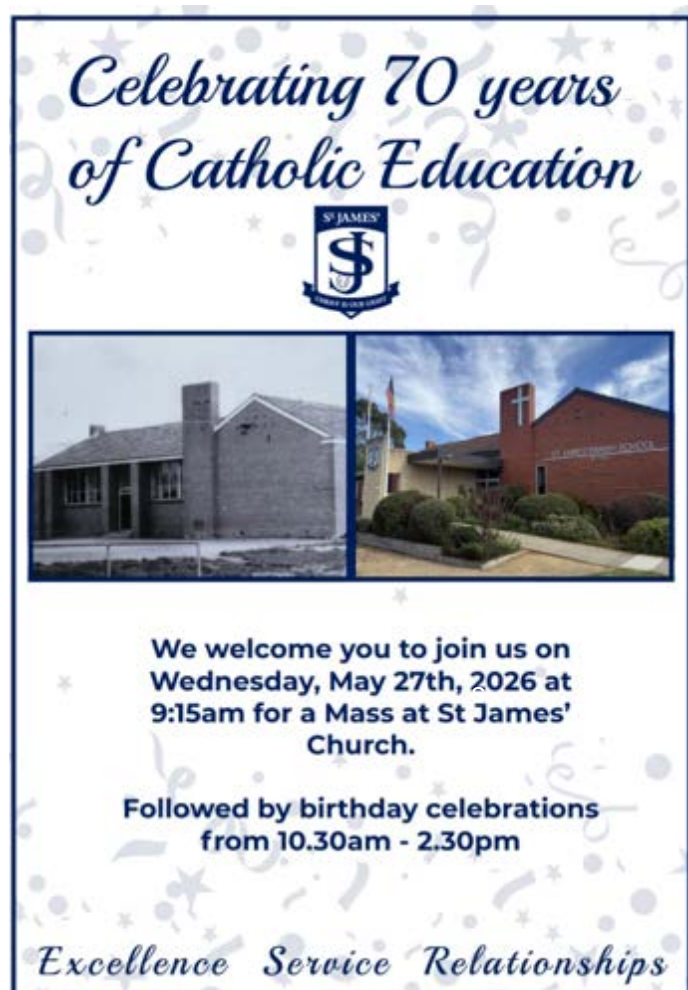
### Monthly Sebastopol Historical Society meetings:

7.30pm

Fourth Thursday each month

Phone 0408 054 021

New members are always welcome.



*A flyer for the celebrations earlier this year*

## *Are We More Connected, Yet More Alone?*

If you have been feeling disconnected lately, you are not alone. The global average for screen time is around 4 hours and 47 minutes a day, while in Australia, estimates are closer to 5-7 hours. We have never had more ways to connect, yet loneliness and social disconnection remain high.

According to the Australian Institute of Health and Welfare, around 1 in 3 Australians experience loneliness, while approximately 1 in 4 experience persistent loneliness. But there is an important difference between social isolation and loneliness.

Social isolation refers to having limited social connections or contact with others. Loneliness, on the other hand, is an emotional experience, the feeling that our relationships or connections are not as meaningful or fulfilling as we need them to be.

A person can be surrounded by family, friends and colleagues and still feel deeply lonely. Equally, someone who has relatively few social connections may feel perfectly content, particularly if they enjoy their own company or find companionship perhaps through pets rather than people. Both social isolation and loneliness can have consequences for our physical and mental wellbeing, particularly when they become persistent.

### *So, what is happening?*

There are many reasons our social connections are changing. Life today looks very different from what it did even a few decades ago, and some of the factors contributing to reduced everyday connection include:

- Financial pressures
- Busy working lives
- Increased screen time and digital communication
- Declining participation in community groups
- Changes in the way we shop, work and access services

Think about how many everyday interactions have disappeared. Self-checkouts mean fewer conversations in shops and even libraries have self-checkouts. Food delivery and Uber Eats can bring dinner directly to our door. Even many fast-food purchases can be made without speaking to another person. These changes are incredibly convenient and, for many people, provide important benefits. But convenience can also mean fewer of those small, spontaneous interactions that once formed part of our everyday social lives. Perhaps those little interactions matter more than we realise.



In the next Connecting Sebastopol Issue, I'll explore some practical tips for building connection, along with some "recipes for inclusion" simple ways we can create more welcoming and connected communities.

I'll also look at the Barista effect, or the importance of weak ties, those brief, everyday interactions with people we may not know well, but which can still contribute to our sense of belonging and happiness.

Sometimes, connection doesn't require a deep conversation. Sometimes, it starts with simply saying hello.

For more information, visit:

<https://mysay.ballarat.vic.gov.au/social-inclusion-ballarat>

<https://lifecalculators.com.au/wellness/screen-time-calculator>

<https://www.aihw.gov.au/mental-health/topic-areas/health-wellbeing/social-isolation-and-loneliness>

### **Contributor:**

**Sue Walker, Social Inclusion Ballarat Member**

Join in our "Have a Chat"  
Table at BNC's Chatty Café @  
10:30am - 12.00pm  
  
Friday's  
Everyone is Welcome!  
  
Keeping our Community  
Connected  
  
Ballarat Neighbourhood Centre  
P: 5329 3273  
E: [reception@ballaratnc.org.au](mailto:reception@ballaratnc.org.au)  
[www.ballaratnc.org.au](http://www.ballaratnc.org.au)  


### Linking families through play



**The Family Link - Relationships Australia Victoria**

Welcome to The Family Link — Relationships Australia Victoria's initiative to support families in Sebastopol. We provide information about upcoming events and local support options, as well as opportunities to connect with other families.

Relationships Australia Victoria's newest initiative, The Family Link, has been busy linking families in with other families at the Vickers Street Community Hub on Wednesdays. Our Social Connector Emily has watched the connections between families grow and evolve since term one at the free drop-in play sessions run in partnership with Parent Place every Wednesday 9:30am – 4pm.

Emily has delighted in seeing the way families have been engaging with the space and each other. Families have gone from coming into the space not knowing anyone, to walking out with some new friendships. "We all create a safe, and welcoming environment for families to play, engage and explore." One of Emily's favourite things each week is seeing families who were once shy and kept to themselves, blossom and have the confidence to engage with other families. "We all have a lot of fun and a lot of laughs together."

The Family Link and Parent Place drop-in play sessions are a space to connect, play with all the toys you could ever dream of and create something different each week at our craft table.

We would love to hear from you about what The Family Link could look like in 2027. Do you want the drop-in play sessions to continue? Perhaps some information sessions? Or a parents' group?

To let us know your thoughts, please complete the survey or reach out to Emily.

Email: [emurphy@rav.org.au](mailto:emurphy@rav.org.au)

Phone: 0418 232 332



#### How to contact us

Facebook: <https://www.facebook.com/familylinkrav/>

Website: [www.rav.org.au/the-family-link](http://www.rav.org.au/the-family-link)

To complete the survey, use the below link or the QR code <https://forms.cloud.microsoft/r/5yLL4t7NZt>

### Djerriwarrh Community and Education Services' Parent Pathways Program



If you've visited Ballarat Neighbourhood Centre in Sebastopol recently, you may have met Pauline Fort and Len Bauska from Djerriwarrh Community and Education Services' Parent Pathways program who provide practical support services to parents of children under six years of age.

Parent Pathways is a free, voluntary program for eligible parents and carers of young children. Through one-on-one mentoring, participants receive personalised support to identify goals, build confidence, connect with services and plan their next steps.

Participants may receive assistance with study and training costs, transport, technology and other resources that support their goals. The program can also connect families with local services, including parenting, health, housing and wellbeing supports.

**To learn more:** call 1300 000 175 or visit Djerriwarrh Community and Education Services at the Ballarat Neighbourhood Centre, 11 Tuppen Drive, Sebastopol. New participants who join the program receive a \$100 voucher when they sign up.

### BOOK A ROOM!

**The Ballarat South Community Hub, based at Phoenix P12 Community College is available to hire.**

There are a variety of meeting and training rooms available including a function room.

#### Visit:

[www.ballaratnc.org.au/book-a-room](http://www.ballaratnc.org.au/book-a-room)

## The Blue Tree Project

Men's Sheds traditionally give high priority to providing support for mental health, so it's no surprise that the Sebastopol Men's Shed has created their own 'blue tree' that sits boldly outside the front of their shed.

Blue Tree Project is a mental health charity that began in 2019 after the tragic loss of Jayden Whyte, a much-loved son, brother and friend to suicide in 2018. Blue Tree Project began as a grassroots initiative in regional Western Australia which has grown into a widely recognised and impactful global movement.

The Blue Tree Project reveals that painted blue trees, standing across the globe are powerful symbols of mental health awareness - silent yet unwavering reminders that you're not alone.

The blue trees are visual reminders, symbols of hope and conversation starters, "Why is that tree blue?"

This question sparks a conversation that can change everything.



Above: Shed member Geoff with the Shed Street Library and Blue Tree



**Sebastopol Mens Shed Inc.**

Strength thru Fellowship

201 Vickers Street, Sebastopol

Open: Mon - Fri, 9am - 2pm

03 5379 9256 / [office@sebasmentshed.org](mailto:office@sebasmentshed.org)

[www.sebasmentshed.org](http://www.sebasmentshed.org)

## Ask R U OK? Any Day

September 10 September is Australia's National Day of Action when we remind each other that every day is the day to ask, 'Are you OK?' and start a meaningful conversation whenever you spot the signs that someone you care about might be struggling with life.

You might be surprised to learn that many people underestimate the power of an R U OK? Conversation.

Whenever you spot the signs that someone you care about might be struggling with life, Ask R U OK? Any Day because what people value most is trust, a sense of genuine care, and someone who really listens to them, without judgement.

Retrieved from:

<https://www.ruok.org.au/r-u-ok-day>

**Lifeline:** 13 11 15

**Beyond Blue:** 1300 224 636

**13Yarn:** 13 92 76

**1800 Respect:** 1800 737 732

**Men's Line:** 1300 789 978

**Griefline:** 1300 845 745

**Seniors Rights Vic:** 1300 388 821



After much thoughtful pondering, some friendly debate, and plenty of community enthusiasm, the votes are in and our Spencer Street Community Garden has a new name...

### ***The Burra Gardens!***

From a shortlist of six contenders, The 'Burra' Gardens sprouted as the clear favourite. It's a local nickname that carries a sense of pride, connection and belonging, making it the perfect fit for a garden being grown by and for our community. Like any good community project, it's growing in its own wonderfully imperfect way and that's exactly as it should be. The Burra Gardens isn't about perfection. It's about learning, experimenting, and the occasional surprise pumpkin where you least expect it. Some days we harvest food. Other days we harvest lessons. Occasionally, we harvest a very impressive collection of weeds.

Thanks to the efforts of Ballarat Neighbourhood Centre learners, volunteers and local community members, we're cultivating much more than fresh food. Every new garden bed, wheelbarrow of mulch and seedling in the ground is helping create a welcoming space for everyone. Next time you're passing along Spencer Street, take a wander past The Burra Gardens and see what's growing.

One area really beginning to take root is our Fruity Forest, a future-foraging space filled with edible plants designed to provide free fresh food for the community. While the trees and plants are still young, the vision is growing strong. In years to come, the Fruity Forest will offer a welcoming place where people can wander, learn and enjoy freely accessible produce grown by the community, for the community.

### ***Could you be a Friend of the Fruity Forest?***

As our Fruity Forest grows, we're looking for people who'd like to help it flourish. We're planting the seed for a new group of volunteers who can lend a hand with weeding, planting, watering and tending, while enjoying plenty of conversation, laughter and the occasional cuppa.

**When:** Mondays, 10.30am to 12.30pm (weather permitting)

**Where:** The Burra Gardens, Spencer Street, Sebastopol

Whether you're a seasoned green thumb or simply curious about gardening, we'd love you to join us. Together we'll help nurture our young edible forest while enjoying some gentle functional fitness, fresh air, good company and the satisfaction of watching something special grow.

### ***Dig in!***

To enquire about volunteering, training opportunities, donations or becoming a Friend of the Fruity Forest, contact Ballarat Neighbourhood Centre at [reception@ballaratnc.org.au](mailto:reception@ballaratnc.org.au) or call 03 5329 3273.

**Contributor:** Jane Grimwood, Ballarat Neighbourhood Centre



*Image supplied by Kara Linayo*

### ***What was lettuce told to do at the garden party?***

Turnip the beet.



## Ballarat Golden Gals Group

*Looking to meet new people, enjoy good company, or simply get out and about?*

Come along to the Ballarat Neighbourhood Centre's Ballarat Golden Gal's Group, a warm, welcoming social group for women 55+. Whether you're new to the area, living alone, widowed, or simply wanting to expand your circle, the group will guarantee that you belong!

The group meet every Monday at the Ballarat Neighbourhood Centre. Weekly activities can include local lunches, morning teas, movie outings, guest speakers, activities of interest, coffee and conversation.

The Ballarat Golden Gal's began just over a year ago after I moved to Ballarat and found myself wanting to meet new people and become part of my new community. While there were plenty of activities available for older seniors, there seemed to be very little for women who were entering their senior years and looking to build new friendships and social connections.

Since then, the Golden Gal's have grown into a welcoming and vibrant group of women who enjoy exploring local cafés and venues, attending community events, going to the movies, and simply enjoying each other's company. Most importantly, many have built lasting friendships along the way.

One thing that has really stood out is that around 80% of our members live alone for a variety of reasons, and more than half are new to Ballarat. This reinforces just how valuable social connection is and the important role community groups play in helping people feel welcome and supported.

Our greatest "Eureka Moments" - feedback shared by members: *"I have made some beautiful connections and now have friends...I no longer feel alone...I have enjoyed going to places I would never have thought of visiting... as a new Ballarat resident, I was finding it difficult to meet new people that were in a similar position in life as myself...Thank you, Ballarat Neighbourhood Centre, as you delivered all of this."*

To register for a Golden Girls activity please call (03) 5329 3273, email [reception@ballaratnc.org.au](mailto:reception@ballaratnc.org.au) or visit Ballarat Neighbourhood Centre, 11 Tuppen Drive, Sebastopol

**Article contributor: Eileen Phan, Golden Girls Program, Ballarat Neighbourhood Centre**

## BALLARAT'S

### GOLDEN GAL'S

A welcoming space for women over 50 to connect, chat, and build connections while enjoying activities, morning tea and outings to break social isolation.

GOLD COIN DONATION



MONDAYS

TIME  
10AM - 12PM

BALLARAT NEIGHBOURHOOD CENTRE  
11 TUPPEN DRIVE, SEBASTOPOL  
CALL OR EMAIL US TO REGISTER  
5329 3273  
[COMMUNITY@BALLARATNC.ORG.AU](mailto:COMMUNITY@BALLARATNC.ORG.AU)



### Would you like to volunteer at the Ballarat Neighbourhood Centre and get involved in your local community?

As a small not-for-profit organisation, we always welcome a little extra help in a wide range of areas including but not limited to:

- Reception and Administration
- Community Gardens
- Community Newsletter Deliveries
- Kitchen Assistants, and
- for our Community Events and Activities.

Full details of our volunteer opportunities and information on how to become a volunteer are included on the below link: [www.ballaratnc.org.au/about-m/members-volunteers](http://www.ballaratnc.org.au/about-m/members-volunteers)



### Sebastopol Seniors Citizens

The Senior Citizens Club provides the opportunity for Sebastopol residents over the age of 55 to get together each week at the Vickers Street Community Hub to enjoy their favourite activities.

The Sebastopol Senior Citizens love their new venue at Vickers Street Community Hub. They have access to the whole Hub on Wednesdays, enjoying bowls in the main hall, craft in the art room, and bingo in the meeting rooms.

There is also a great library available to members near the side entry doors.

There are low key relaxing activities available on Tuesday including Tai Chi in the main hall from 2:00pm - 3:00pm (\$5 a class).

Last month's activity highlight included tenor Peter Harbison, who sang for the group. In September, they will be celebrating the 57th anniversary of the establishment of their organization.

The Sebastopol Senior Citizens are at the Vickers Street Hub, 254 Vickers Street, Sebastopol on Tuesday and Wednesday afternoons 1.30-4pm.

**To find out more email:** [sebaseniors@gmail.com](mailto:sebaseniors@gmail.com)  
**or visit their website:** [www.sebaseniors.org.au](http://www.sebaseniors.org.au)

### The Victorian Seniors Festival 2026

The Victorian Government's Seniors Festival is in its 44<sup>th</sup> year and continues to shine a light on positive ageing and the diversity of our older Victorians. This year's festival theme, 'Connect, Create, Celebrate', inspires our community to come together to discover new interests, make new connections and have fun!

To find out more about festival events on offer visit [www.seniorsonline.vic.gov.au/festival](http://www.seniorsonline.vic.gov.au/festival)

If you want to venture further afield and hold a Seniors Card you can also enjoy free public transport across Victoria from 3 to 11 October 2026.

#### Victorian Seniors Festival

##### **Country Concert: *Dannielle De Andrea***

Crossing genres of pop, country, soul, bossa nova and jazz, Dannielle blends the nostalgic charm of the Great American Songbook with a contemporary sensibility.

**When:** Tuesday 6 October 2026, 11am

(Doors open from 10am)

**Where:** Civic Hall, 300-304 Mair Street, Ballarat

**Transport:** Park & Ride bus service available from City Oval.

**Cost:** FREE. Register your spot via Humanitix or call City of Ballarat - Ageing Well Services on 5320 5500.

#### Sing Australia Choir

Sing Australia Choir will entertain and celebrate with members of the Sebastopol community at the Ballarat Neighbourhood Centre to celebrate Senior's Week.

**When:** Friday 16<sup>th</sup> October 1.30-2.30pm

**Where:** Ballarat Neighbourhood Centre  
11 Tuppen Drive, Sebastopol

**Cost:** Gold Coin

**Enquiries:** Call Denise 5329 3273

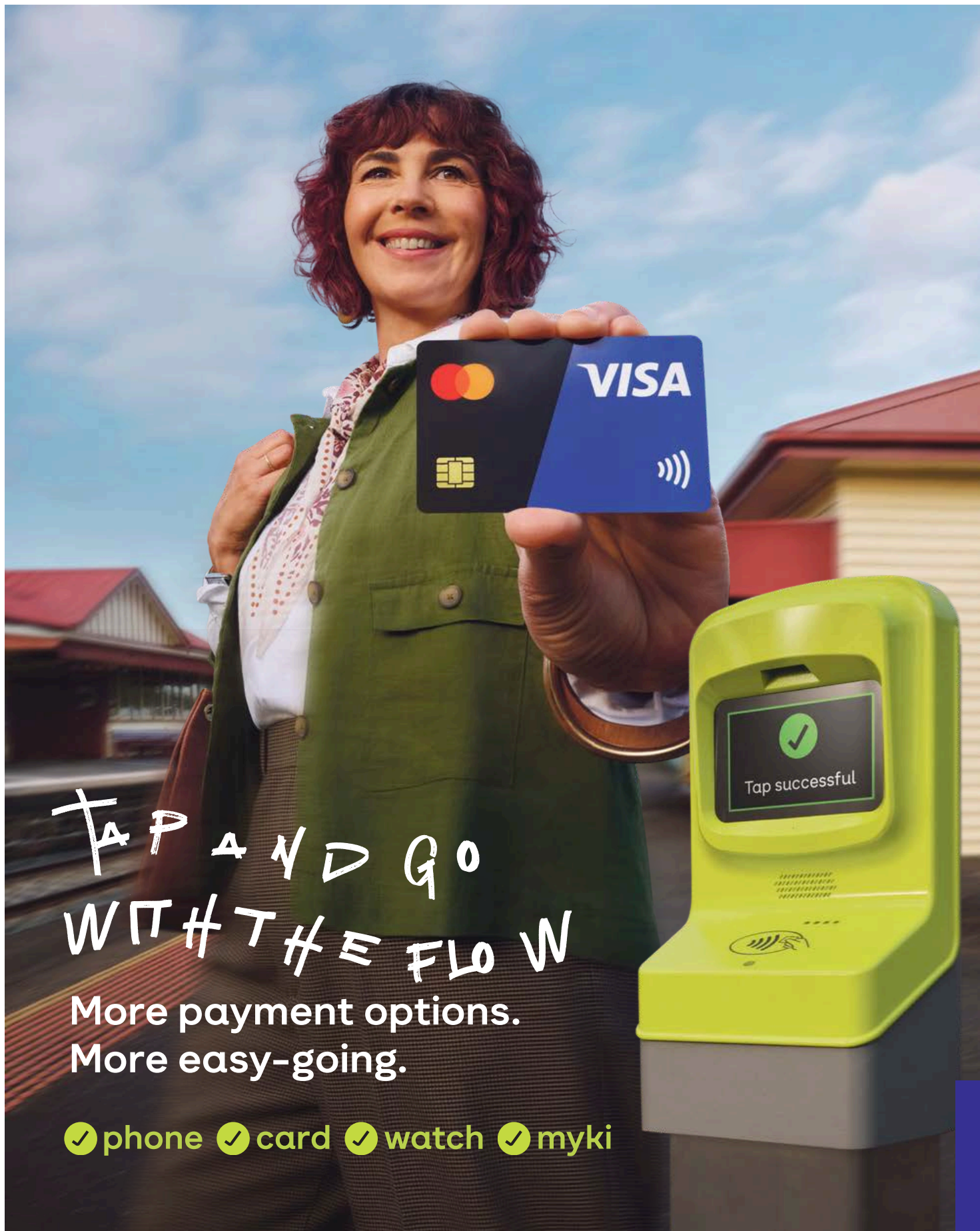
## We have FREE Courses to help you



- Improve your Computer Skills
- Find a Job
- Volunteer for the Community
- Improve your English and Literacy
- Learn Something New!

Ballarat Neighbourhood Centre,  
11 Tuppen Drive, Sebastopol  
[www.ballaratnc.org.au](http://www.ballaratnc.org.au) Phone: 5329 3273





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# Toiling for Purpose

## Monday Makers Group

On any given Monday morning, 5-8 women traipse in with bags of wool, needles, teddies at various stages of unfinish and other art supplies. They meet for companionship, connection and friendship.

The Ballarat Neighbourhood Centre's Monday Makers group has been toiling away with purpose. Behind what looks like an obsessive knitting frenzy and a room full of gorgeous brightly knitted teddies and babies beanies is another story. The women come together weekly to show kindness, care and strengthen their community at both a personal level and more broadly for the greater good.

The brightly coloured knitted care bears are donated to the Sebastopol Ambulance service to be given to anyone experiencing a traumatic trip in the ambulance, including children, people with disabilities and elderly with dementia. Along with the bundles of teddy bears and carefully knitted newborn baby beanies also. To date, this group has donated over 100 bears and 30 newborn baby beanies to the Sebas Ambos.

Some of the women can't stop knitting the teddies, "it's like an addiction. I haven't stopped knitting day and night" said Alex, "like Alex Knitting Hands". A raucous laughter follows. Just as they make the care bears for the community, they are care bears for each other. "It is a supportive group of women where we can work and chatter and be ourselves without too many expectations. It is a safe environment to do what you want."

The women meet every Monday 10:00am - 2:30pm at Delacombe Hub and bring all their own materials for whatever they want to do on the day. It is not formal, it's self-directed. It is a group for women, and the Monday Makers are happy to welcome newcomers to create, connect and inspire. For more information contact the Ballarat Neighbourhood Centre: 5329 3273

**Article contributor: Sandy Darrington,  
Ballarat Neighbourhood Centre**



Above: L to R Karen, Alex, Sam, Marilyn and Dawn



## DELIVERING FOR OUR COMMUNITY!

- Cheaper healthcare with more bulk billing
- A fairer tax system for first home buyers and 5% deposits
- Free TAFE and cutting student debt by 20%
- Cheaper childcare and cheaper PBS medicines
- More tax cuts, \$1,000 instant tax deduction and \$250 tax offset (from 2027-28)



**Catherine King MP**  
FEDERAL MEMBER FOR BALLARAT

*Standing up for our community!*

Authorised by Catherine King  
MP, 5 Lydiard St Nth, Ballarat,  
VIC 3350

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## Community Clubs

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### Rotary Club of Ballarat South

Rotary Club of Ballarat South have forty members who meet weekly at the Ballarat Golf Club to participate in a range of activities.

Until a couple of years ago, the Club was mainly known for running the Ballarat Market at the Show Grounds and its Community raffle. After 47 years we shut the market because the Show Grounds were closing, however, we still have the Community Raffle.

The Club has a weekly dinner meeting with a speaker – usually concerned with some facet of activity in Ballarat. We participate in a wide range of activities including provision of barbeque services for community events, organizing a “High Tea” to aid women’s groups, “KinderKit” boxes (containing educational aids) which are dispatched to needy communities in the South Pacific region, provision of scholarships, helping run the Ballarat Community Care Centre, and many other activities in welfare, supporting education, and helping young people.

If you are interested in becoming part of the World-Wide Rotary family, we would be pleased to talk to you. Reach out to our recruitment director, Peter Broadhead (phone 0407826902).



Top: Members of the Rotary Club of Ballarat South preparing to act as waiters. Below: Club members setting up a BBQ to cater for a mental health facility function in Ballarat.

**Article contributor Leon Bren**

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# Always fighting for Sebastopol!



**Joe McCRACKEN MP**  
MEMBER FOR WESTERN VICTORIA



17 Lydiard St North, Ballarat VIC 3350



[www.joemccracken.com.au](http://www.joemccracken.com.au)



[joe.mccracken@parliament.vic.gov.au](mailto:joe.mccracken@parliament.vic.gov.au)



03 5332 2405

## New Community Programs

**For Baby's Sake** is a free program for people who are expecting a baby and have experienced family violence in their relationship. We work alongside parents during pregnancy to help create a safer future for themselves and their baby. Support is welcoming, confidential and tailored to each family's needs.

By working together before a baby is born, we can help strengthen relationships, build safety and give babies the best possible start in life. If you or someone you know could benefit, get in touch with Cafs on 1800 692 237, or visit our website [www.cafs.org.au](http://www.cafs.org.au)



The advertisement features a close-up of a newborn baby being held by a person. The text 'A safer beginning' is written in a large, white, cursive font across the center. In the top left corner is the 'For baby's sake' logo with the tagline 'break the cycle'. In the bottom left is a QR code. In the bottom center is a purple banner with the text 'Specialist support to create a safer future for yourself and your baby.' In the bottom right is the 'cafs we care' logo.

## Proud to be supporting Sebas

**As your local State MP, I'm on your side and delivering for the Sebastopol community.**

- \$8.4 million towards upgrading Marty Busch Reserve
- \$4.5 million towards the new Sebastopol Community Hub, including Vickers St Kindergarten
- \$5 million for community projects across Sebas
- \$3.5 million for Ballarat Community Health, Sebastopol for a new therapy gym.
- Installed new traffic lights at Hertford and Albert streets and at Docwra Street and Midland Highway.
- Upgrades to Sebastopol South and Yirram Burrton Kindergartens
- Major investment in Phoenix P-12 Community College

**Juliana  
Addison MP**

**State Labor Member for Wendouree**

📍 211 Dana Street, Ballarat 3350  
☎ 5331 1003  
✉ [juliana.addison@parliament.vic.gov.au](mailto:juliana.addison@parliament.vic.gov.au)  
🌐 [julianaaddison.com.au](http://julianaaddison.com.au)





**Venue Hire:** Vickers Street Community Hub is available to hire. The City of Ballarat Community Hubs has launched a new online booking system, Spacetoco, making it easier for community members, groups and organisations to book rooms at the new facility.

Visit: [www.spacetoco.com/](http://www.spacetoco.com/)

If you would like to hire a room at Vickers Street Community Hub and need help using the booking system, please drop in and see us. Community Hub staff are available to assist Monday to Friday, 9am–4pm.

**Activities:** Vickers Street Community Hub is excited to be taking part in Seniors Festival this October.

The Hub will host a range of activities, including a screening of Rachel's Farm, free hearing tests, and a singing and reminiscing morning that invites participants to take a trip down memory lane through song.

The full program of activities across the Community Hubs is available on Humanitix.

If you need help booking into a program or navigating Humanitix, please visit Vickers Street Community Hub Monday to Friday, 9am–4pm.

### Upcoming programs:

<https://collections.humanitix.com/seniors-festival-2026-a956ec>

**Article contributor:** *Eleanor Wight, City of Ballarat,*  
**Team Leader Community Hubs and Outreach**

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## Local Community Classes:

### Meditation & Mindfulness

Slow down and enjoy gentle guided practices  
10-11am Thursday (during school term)  
Vickers Street Community Hub  
254 Vickers Street, Sebastopol  
\$10 per person

### Get active!

### Line Dance for Exercise Classes

7pm Tuesday & 10am Wednesday  
Carmel Welsh Hall  
265 Albert Street, Sebastopol \$7 per person  
Coffee & tea provided phone 0409 508 453

## Ageing Well Activities

Come and try a new activity and soak up the benefits of social connection and exercise!

**Strength for Seniors** - Mondays, 2:00pm - 3:00pm

**Tai Chi** - Tuesdays, 2:00pm - 3:00pm

**Where:** Vickers Street Community Hub,  
254 Vickers Street, Sebastopol.

Classes run weekly (except for public holidays).  
Cost per class is \$5. Pay via EFTPOS (card) on day.  
Bookings are not required.

### For more information, contact:

City of Ballarat Ageing Well Services team on  
5320 5500

## Bring Your Bills Day - Friday 16 October

If you're finding it tough to keep up with household bills or would like information about support that's available, come along to our Bring Your Bills Day.

Meet face to face with representatives from local service providers, utilities, banks and support agencies, all in one place.

Learn about assistance programs, payment options and practical support available to help manage living costs. Guest speakers will also share information about additional support services and resources available in the community.

**When:** Friday 16 October, 10am - 6pm

**Where:** Vickers Street Community Hub, 6 Vickers Street, Sebastopol

**Cost:** FREE. No bookings required.

**Enquiries:** City of Ballarat Customer Service 5320 5500

## Creative Card Making:

### An intergenerational celebration

As Children's Week 2026 overlaps with Ballarat Seniors Festival, Parent Place is hosting a special intergenerational event to bring young and old together.

**When:** Wednesday 28 October 10am-12pm

**Where:** Vickers Street Community Hub,  
254 Vickers Street, Sebastopol.

FREE Event

**Enquiries:** Parent Place 5320 5165 or  
email [parentplace@ballarat.vic.gov.au](mailto:parentplace@ballarat.vic.gov.au)



## Sebastopol Library - 181 Albert St, Sebastopol

Monday, Wednesday and Friday 9.30am-6pm  
Tuesday and Thursday 9.30am-7pm  
Saturday 9.30am-12pm



**Sebastopol Library** warmly invites you to celebrate Seniors Festival 2026 on Tuesday 20 October, from 10.30am to 12pm. Come along and enjoy a relaxed morning of conversation, connection and community. This special event is an opportunity to learn more about the library's programs and services while sharing a cuppa and some refreshments in a friendly atmosphere.

Whether you are a regular patron, haven't visited in a while, or have never set foot in the library, we would love to welcome you. Meet other residents, chat with our friendly staff and discover all that our library service has to offer. We look forward to sharing this special celebration for Seniors Festival with you!

Throughout the year, Sebastopol Library hosts a variety of programs and events for people of all ages and interests. Some of our new programs this spring include monthly screenings of timeless films at Cinema Classics and opportunities for young people aged 12-17 to connect over common interests at Pop Culture Hangouts.

Our cosy and inviting spaces are perfect for everything from quiet browsing and reading to games and activities. You are welcome to enjoy a complimentary tea or coffee, connect with others, or simply settle into a comfortable chair with a good book.

You can browse and book into our programs online at [libraries.ballarat.vic.gov.au](https://libraries.ballarat.vic.gov.au) or call on 5335 7985.



## Ballarat Neighbourhood Centre

### Short Courses - Enrol now for Term 4 2026!

There are over 50 free or low-cost short courses on offer to help build your skills and knowledge. Our Adult Education courses are designed to help you find employment or work towards continuing your education.

Some of the many courses available include:



#### GARDENING

Urban Farming

#### COMPUTERS

Basic & Intermediate Computers

Business Administration Skills

Introduction to Artificial Intelligence (AI)

Excel Basics & Beyond

Xero / MYOB

#### HOSPITALITY

Commercial Kitchen Skills

Become a Barista / Cafe Skills

Front of House

Basic Cooking Skills for Men



#### ART & CRAFT

Beginners & Intermediate Sewing

Knitting for Beginners

Op Shop Upcycling

Art, Create & Learn



#### JOB & INDEPENDENT LIVING SKILLS

Become Work Ready

Step Into Employment

Independent Living Skills

Find a Job - Trades, Aged Care, Childcare, Retail

#### ENGLISH LANGUAGE

ESL Level 1 & 2

Prepare for IELTS

Reading & Writing Basics

Baking with Language

Contact us to find out more ...



03 5329 3273



[reception@ballaratnc.org.au](mailto:reception@ballaratnc.org.au)



11 Tuppen Drive, Sebastopol



[www.ballaratnc.org.au](https://www.ballaratnc.org.au)

## Phoenix P-12 Community College

At Phoenix P-12 Community College, our Environmental Science Club has proudly been running for the past three years, giving students the opportunity to explore science beyond the classroom while making a positive impact on our local environment.

One of our favourite projects saw students spend six months researching native bird species found around Ballarat before designing, constructing and installing nesting boxes throughout the college grounds. It was incredibly rewarding for students to see their hard work become a lasting contribution that provides safe shelter for local birdlife.

Our students have also taken part in a range of ecological and biological investigations, including excursions to the Geelong waterways where they explored local ecosystems, water quality and biodiversity. Through these experiences, students develop an appreciation for the role science plays in understanding and protecting the natural world.

We are incredibly proud of our dedicated Science team, whose passion creates authentic learning opportunities that inspire curiosity, environmental stewardship and a lifelong love of science in our students.



## Crowley's Lawn Mowing

**Free quotes**

**10% discount for pensioners**

**Phone Daryl**

**0456 993 507**



## Throw and Grow

A group of Fed College students recently attended the Ballarat Neighbourhood Centre as part of their Ready2Work program.

They participated in a range of gardening activities, such as making kokedamas, taking cuttings, mowing and making seed bombs.

### How to make a Seed Bomb:

Seed bombs are fun and simple to make, and they also help beautify our environment.

### You will need:

- Air-drying clay
- Potting mix or mulch
- Herb or flower seeds
- Petals for decoration

### Steps:

- 1) Take a small handful of clay and flatten it out into a circle.
- 2) Press some petals onto the surface of the clay.
- 3) Turn the clay over to the other side.
- 4) Add one tablespoon of dirt or compost.
- 5) Sprinkle some seeds into the dirt.
- 6) Roll the clay loosely into a ball.
- 7) Once formed, pop them on a tray to dry in a cool, airy space
- 8) Have fun scattering them around the garden.





## Children's Week Artwork Competition

Children's Week is a national celebration that runs between Saturday 24 October to Sunday 1 November and recognises the talents, skills, achievements and rights of children.

The Ballarat Neighbourhood Centre would like to acknowledge the rich cultural heritage of our community members and encourage children to feel proud in sharing their unique traditions, beliefs, and languages. We believe it is vital for children to develop a healthy identity and a sense of belonging.

As part of the Children's Week activities, Ballarat Neighbourhood Centre invites children from the local Sebastopol community to create a special artwork celebrating their language, culture, or religion to mark the Children's Week 2026 theme - *Children have the right to use their own language, celebrate their culture and practice their religion*. Children with the support of their families and teachers may then use the template provided on the next page, or create their own artwork.

### Suggested creative contributions include:

- Greetings in their home language
- Drawings of their traditional clothing
- Poems, prayers, or cultural stories
- Pictures of their favourite cultural food
- Drawings of flags or special symbols

Artworks will be judged by Ballarat Neighbourhood Centre staff and community members, and prizes will be awarded to the best entrants. Selected entries will be displayed as part of a Children's Week display at the Ballarat Neighbourhood Centre, in our Connecting Sebastopol Newsletter and social media.

### Please forward artwork entries to:

Ballarat Neighbourhood Centre  
Email [community@ballaratnc.org.au](mailto:community@ballaratnc.org.au) or deliver to  
Ballarat Neighbourhood Centre,  
11 Tuppen Drive, Sebastopol.

## The Art Box



The Art Box (above) was donated to the Ballarat Neighbourhood Centre in 2022 by the Ballarat City Council, after being used as a council-run portable exhibition space before being retired to its current location on the grounds of Phoenix Community College.

The Art Box is now a public community arts space managed by volunteers and staff at the Ballarat Neighbourhood Centre. The Art Box will be available for seasonal (3 month long) exhibitions of artworks and items of interest to the Sebastopol community, including paintings, sculptures, ceramics, drawings, photographs, maps, and historical exhibits.

Applications are now open to local Sebastopol students, artists, art groups, and community groups to utilise the art space to exhibit their work and capture the stories and experiences of Sebastopol community members.

The theme of the Summer Exhibition is 'Our Hood' - please email [community@ballaratnc.org.au](mailto:community@ballaratnc.org.au) with your expression of interest and an application form will be sent to you.



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**Children's Week 2026 - Children's Artwork Submission Form:**

**Create a special artwork on the page below celebrating your language, culture, or religion.**

**Inspired by the Children's Week 2026 theme - *Children have the right to use their own language, celebrate their culture and practice their religion.***

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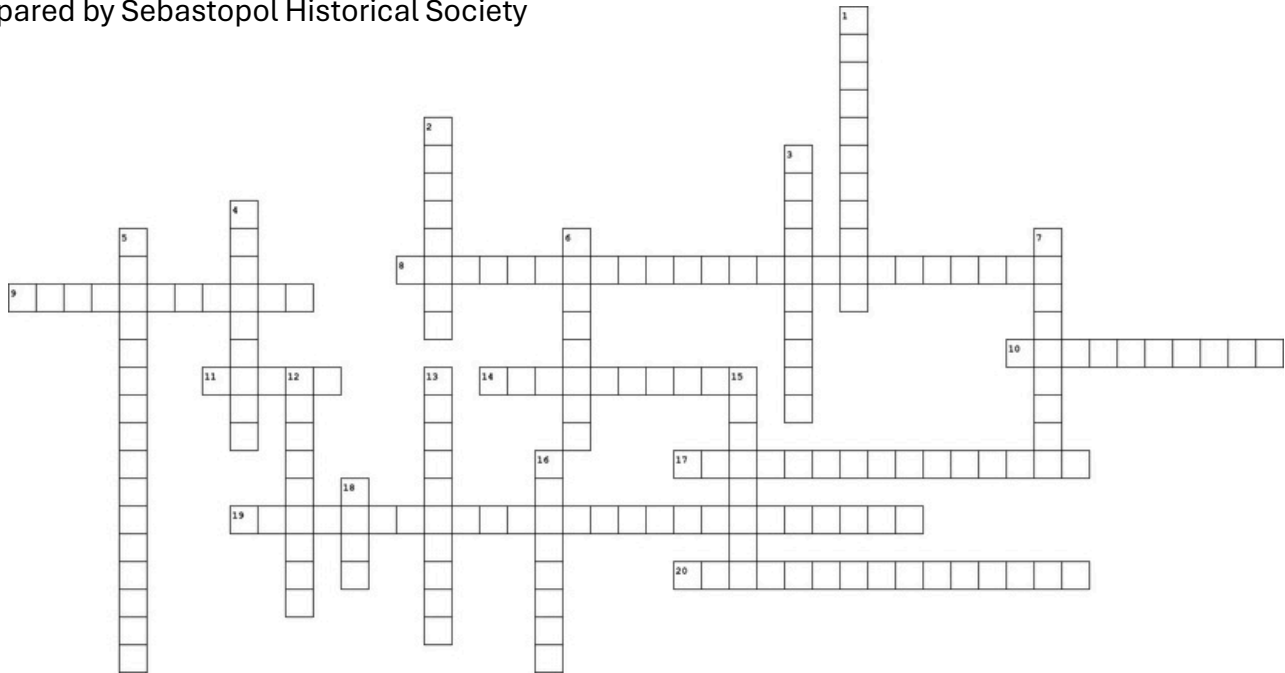
**Artwork Entrant Name .....**

**Contact Number/ Email.....**

Email artwork submission to **community@ballaratnc.org.au** by 31<sup>st</sup> October 2026  
or deliver to **Ballarat Neighbourhood Centre 11 Tuppen Drive, Sebastopol**

# Sebastopol History Crossword No.4

Prepared by Sebastopol Historical Society



## Across

8. Sebastopol Christian Community School founded in 1985 at Carmel Welsh Presbyterian Church amalgamated with which school in Yarrowee Street in 2007? (8,9,7)
9. Guiding Court which runs off Kent Street is named for which gold mine? (7,4)
10. Which member of the royal family visited the South Star Mine in Sebastopol in 1901? (4,2,4)
11. Which marsupial has been rescued from both power poles and attempting to cross busy Albert Street? (5)
14. The name of the Sebastopol State School girl who grew up to become the Head Mistress of Ballarat Girls' High School in the 1940s. (6,4)
17. The name of the new community garden at the Ballarat Neighbourhood Centre. (3,5,7)
19. A recently opened council facility which houses a maternal & child health service, a kindergarten and a new home for Sebastopol Senior Citizens. (7,6,9,3)
20. This woman became the first female Mayor of Sebastopol in 1990/91. (5,10)



## Down

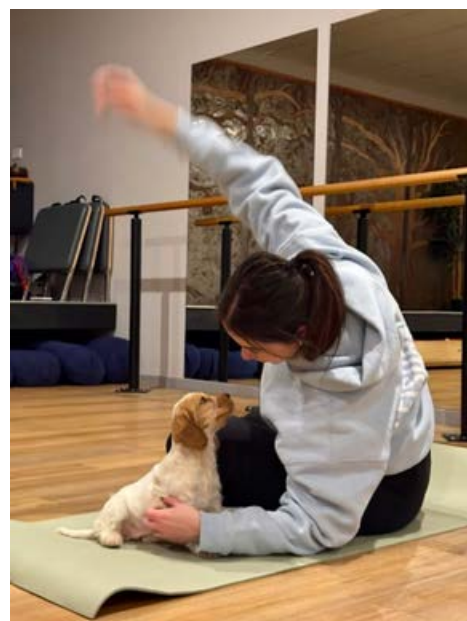
1. Which star Collingwood AFL footballer in the 1980s & 90s was recruited from the Sebastopol Football Club and attended St James' Parish School as a boy? (4,7)
2. Which large animal escaped from a circus visiting Sebastopol and was photographed drinking from a horse trough outside the Royal Mail Hotel? (8)
3. A nickname for a Cornish miner on the Victorian goldfields. (6,4)
4. This cafe in Albert Street (near the Victoria Street intersection), which opened in 2025, serves delicious breakfasts, lunches & dinners. (4,1,4)
5. The hills to the east of the Yarrowee River, where gold was first discovered in 1851 are known as the what? (5,5,6)
6. The roots of this local wildflower were an important source of food for the Wadawurrung First Nations people of this area. (3,5)
7. The Sebastopol Ward representative on the City of Ballarat Council. (3,6)
12. With the motto "We serve" this local service club has been helping our community since 1972. It is the Sebastopol & District what? (5,4)
13. The velodrome at Marty Busch Reserve is named as memorial to this talented local junior cyclist who was tragically killed in a cycling accident in Melbourne in 1974. (5,5)
15. Delacombe is named for a former Victorian what? (8)
16. The name of the op shop which operates from the Uniting Church in Albert Street. (4,4)
18. A street in the northern part of Sebastopol named for a nineteenth century mine manager and former mayor. (Also the name of a county in south east England.) (4)

Our locally owned fitness studio in Sebastopol, Elements welcomed new furry members into their gym, for a Mindful Puppy Yoga class, run by Pup Yoga Vic. Each Puppy Yoga class supports relaxation, stress reduction, gentle stretching, and the enjoyment of cuddles with playful puppies!

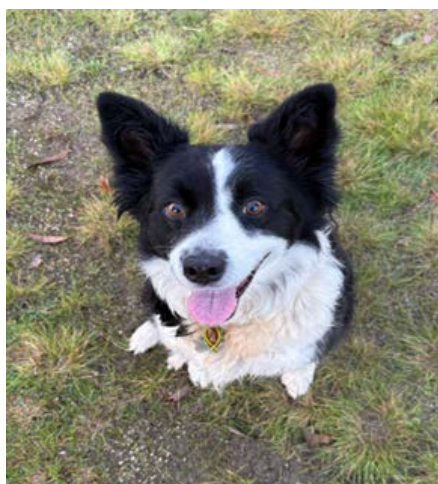
Yoga guests help create a calm, safe and positive first social experience for puppies, with every class carefully designed around the puppies' wellbeing. At the same time, the class offered guests a meaningful pause from daily life. Through gentle movement, mindful breathing, and quiet connection with the puppies, participants are invited to slow down, regulate their nervous systems, and support their own mental wellbeing.

One of the most rewarding parts of our classes is seeing the positive impact the puppies have on everyone who attends. It's truly special to watch people leave feeling brighter, happier and more relaxed after spending time playing, cuddling and simply enjoying the puppies.

If you'd like to learn more about Puppy Yoga VIC, visit: <https://puppyyogavic.com> or drop in to Elements Health & Fitness 97 Hertford Street, Sebastopol. Phone: 03 4343 1986  
Email: [admin@elementshealthfitness.com.au](mailto:admin@elementshealthfitness.com.au) or visit  
Website: <https://elementshealthfitness.com.au>



*Above participant in the Puppy Yoga class )*



### Meet Piper from Power Park

If you're ever up early and down at Power Park you will meet Piper. You will find her doing laps of the park chasing a tennis ball.

If the tennis ball ever goes astray Piper is quick to find a stick to continue her game of fetch.

Everyday that involves a ball or a stick is a good day for Piper.

### Send us your pet pics!

***Want to see your furry friend on this page?***

All kinds of pets are welcome.

Send a photo and pet story to: [community@ballaratnc.org.au](mailto:community@ballaratnc.org.au)

## Contribute to the *Connecting Sebastopol Community News!*

**Do you have a story or event to share with your Sebastopol community?**  
**Would you like to give a shout out to a local doing great things in the Burra?**

We welcome contributions from all community members, so get in touch to tell us about your story or event for the newsletter.

**Email: [community@ballaratnc.org.au](mailto:community@ballaratnc.org.au)**

You can also follow us and get in touch via  
**[www.facebook.com/connectingsebastopol/](https://www.facebook.com/connectingsebastopol/)**

## STAY SAFE FROM SCAMS WITH FREE TRAINING

**Are you worried about your online safety? Are you challenged by the internet and worried about how to detect a scam? Do you want to feel more confident and secure online? We're here to help!**

Thanks to a "Cyber Security Awareness Support for Vulnerable Groups" grant, we are offering FREE, hands-on workshops designed to make online safety simple and accessible for everyone.

Learn powerful, easy-to-use tips, including:

- How to create strong, memorable passphrases.
- How to spot and avoid common scams.
- How to use multi-factor authentication to protect your accounts.

Our sessions aim to be jargon-free and supportive!



Authorised by the Australian Government, Canberra

For more information about upcoming sessions visit:  
Ballarat  
Neighbourhood Centre  
1 Tuppen Drive  
Sebastopol



**Book via the QR code or call Ballarat Neighbourhood Centre on 5329 3273**

## Free Driving Lessons! On The Job Driving School

MyLearners is offering Free Driving Lessons with a qualified supervising drivers, funded by the Transport Accident Commission (TAC) and the Victorian Government, to eligible learner drivers who hold a current Victorian Learner Permit, are aged between 16-21 years and have completed 10-50 hours of supervised driving practice.

Introducing Gavin, a qualified driving instructor with more than 30 years of experience in training and safety, including 14 years with Queensland Fire & Rescue and 8 years with Queensland Police, with extensive experience delivering advanced and defensive driver training. Gavin brings a calm, supportive and safety-focused approach to helping young drivers become confident and responsible on the road.

### How to book the FREE lesson:

Register for a Free Lesson ID (FLID) at <https://mylearnersdrive.com.au/>  
Book the free coaching session through [www.onthejobds.com.au](http://www.onthejobds.com.au)

**Enquiries:** Gavin Cooper - On The Job Driving School

Phone: 0456 198 144 Webpage:

[www.onthejobds.com.au](http://www.onthejobds.com.au)



City of Ballarat and Ballarat Neighbourhood Centre present

## Staying Safe Online For Seniors

EDUCATION SESSION

**Over 55s | FREE**

**Feel confident online with our relaxed, jargon-free workshop. No tech experience needed! Bring your device, grab a cuppa, and learn how to:**

- Update safely and keep your device secured automatically.
- Simplify passwords with easy-to-remember "passphrases."
- Double-lock accounts by adding a simple second layer of security.
- Spot scams and learn the "red flags" of fake texts and emails.

**Wednesday 11 November | 10am-12.30pm**

**Vickers Street Community Hub | Morning tea provided**  
254 Vickers Street, Sebastopol. 5 min walk from Route 22 bus stop (corner Vickers Street & Albert Street)

 **Bookings and Enquiries**  
Bookings essential. Scan the QR code, or visit [tinyurl.com/cob-safe2](https://tinyurl.com/cob-safe2). For questions or booking assistance, email [ageingwell@ballarat.vic.gov.au](mailto:ageingwell@ballarat.vic.gov.au) or call Ageing Well Services on 5320 5500 and ask for Rebecca.



Australian Government



## 'Support Local' Businesses & Community Events

**Raintree Art**  
64 School Lane, Cambrian Hill | 0409 846 200

Raintree Art offers a huge range of Aboriginal paintings and giftware, all ethically sourced. See our resident artist Deidre Burgoyne Rosier create original works, enjoy our catalogue of weavings and carvings, and take some souvenirs home.

Open Monday to Saturday  
10am to 4pm or by appointment.

SHOP ONLINE NOW  
[www.raintreeart.com.au](http://www.raintreeart.com.au)

 raintreeartjustforfun  
 raintreeart  
 raintreeartballarat

ABORIGINAL ART ASSOCIATION OF AUSTRALIA

CARMEL MISSION PARTNERS AUSTRALIA

**FORAGERS FAIR**

Carmel Welsh Presbyterian Church  
263 Albert Street, Sebastopol.

October 3rd and December 5th 2026

9.00am—2.00pm

**BREAKFAST**  
SAUSAGE SIZZLE  
DEVONSHIRE TEAS  
CAKES & SLICES  
FILIPINO FOOD

**NEW STALL HOLDERS WELCOME**

PH: 5335 8252

LOTS OF MUSIC & ENTERTAINMENT  
FUN FOR THE WHOLE FAMILY

Supporting our work in the Philippines

### ADVERTISE YOUR BUSINESS HERE!

Promote your business and support this valuable community initiative.

Advertising rates per edition are:

**\$500 + GST: Half page (B&W)**

**\$250 + GST: Banner or quarter page**

**\$150+ GST: Advertorial + Ad\***

**\$50 + GST: Business Card**

*\*Advertorial available for community groups  
& small businesses only*

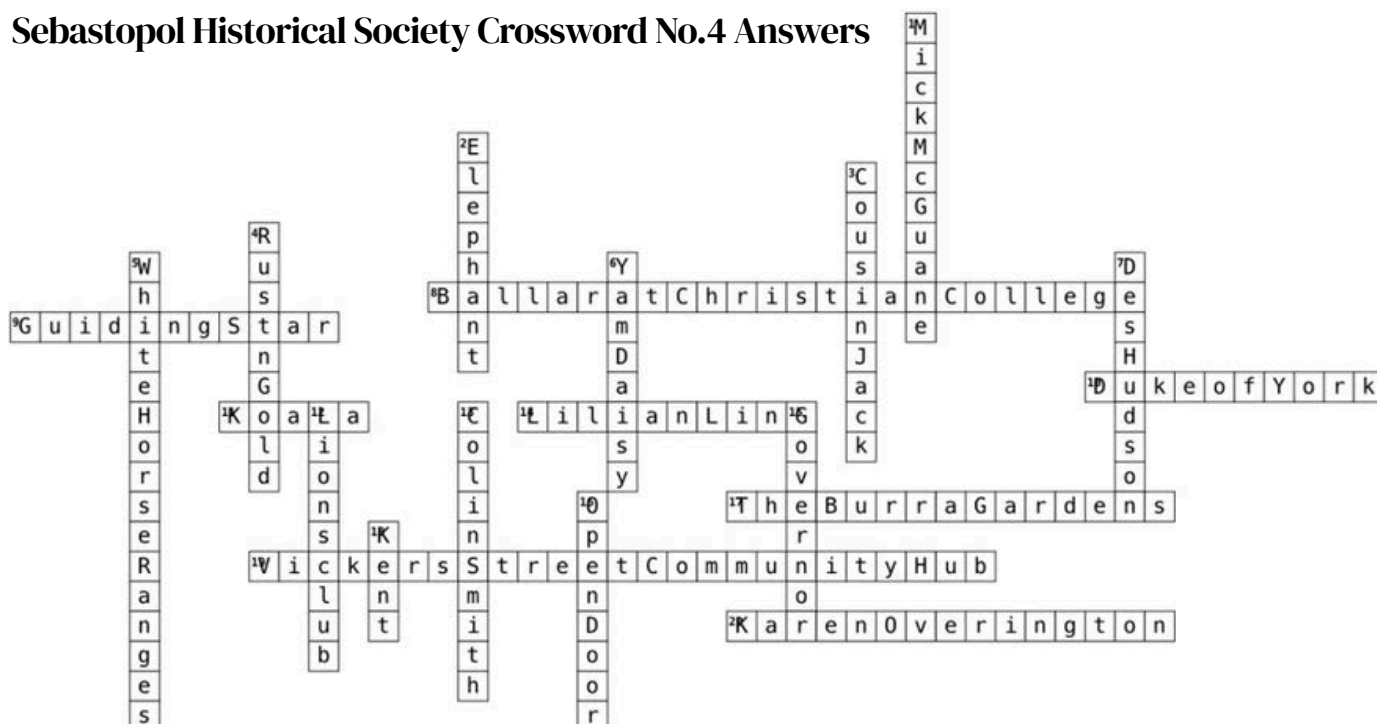
**Corgi Tech**

**Your technology, tamed.**

- Friendly Technology Support
- Snappy Repairs & Servicing
- Patient Training & Advice

 Ty Hancock
  0481 449 616
  [corgitech.com.au](http://corgitech.com.au)

## Sebastopol Historical Society Crossword No.4 Answers





# Real help. Right now.

The Victorian Government is delivering real help, right now with half price public transport for everyone, including concession card holders, from June 1st until January 1st 2027.

Taking pressure off the pump with half price trains, trams and buses in metro and regional Victoria, saving daily commuters over \$850.  
Learn more at [transport.vic.gov.au](https://transport.vic.gov.au)

 **Half price fares Victoria**



Authorised by the Victorian Government, 1 Treasury Place, Melbourne